



Safety Message of the Day for IMEA Members



Safety is a Habit and a Skill Safety Message

In our line of work, we can significantly reduce accidents and injuries when we make safety both a habit and a skill. When we talk about safety as a habit, we mean a good habit, not a bad one. Some think a habit is just a repetitious movement you make or thought you have without awareness of what you are doing. ***A good safety habit consists of knowing and understanding the importance of the actions we perform on a daily basis.***

As you consider your own safety habits and skills, and those of the people you work with, here are three things utilities and their workers can do to help foster a healthier safety culture.

- 1. If you see something, say something.***
- 2. Lead by example and learn from others.***
- 3. Make safety the main message.***