



Safety Message of the Day for IMEA Members



Safety Message: Don't Rely on Memory Alone

Human memory is a powerful tool—but it's far from perfect. Some people can recall fine details from decades ago, while others struggle to remember where they placed their keys just minutes ago. This inconsistency is exactly why memory should never be your only safeguard against hazards.

Simply recognizing a hazard and making a mental note of it is not a safety measure. If that's your only line of defense, then the hazard still exists—and it remains unmitigated.

Take time to evaluate the tasks you perform throughout your day. Focus first on eliminating hazards altogether. If that's not possible, implement solid safeguards—checklists, signage, protective equipment, or physical barriers—to help prevent incidents.

Remember: your memory is not a safety device. It can fail, especially under stress, fatigue, or distraction. Rely on real, tangible controls—not just what you think you'll remember.