### **ESOURCE NEWSLETTER**

### Potential Hazards and Safety Procedures

Workplace hazards are any potential dangers that could harm or injure employees or others in a work environment.

These hazards can arise from various sources, including physical objects, dangerous substances, unsafe work practices, or even the design of workstations.

Understanding and mitigating these hazards is essential to maintaining a safe working environment.

From exposure to solvents to risks like carbon monoxide poisoning, workplaces face a wide range of threats. Whether it's psychosocial hazards like workplace stress or pesticides in an agricultural setting, identifying these hazards is the first step in ensuring employee safety.

Workplace health hazards also encompass factors like skin irritation from chemicals or damage caused by loud noise in industrial environments.

The sheer variety of hazards can seem overwhelming, but understanding the different categories can help businesses take effective action to prevent accidents and injuries. By fostering a culture of safety awareness and proactive hazard identification, employers can reduce the risks posed by the workplace.



The Importance of Workplace Safety

Creating a safe workplace is a core duty for employers. The Occupational Safety and Health Administration (OSHA) mandates that every worker in the United States has the right to a safe workplace.

This means businesses are not only legally required to provide a safe work environment, but they also benefit from doing so.

Studies show that businesses that prioritize safety will have more satisfied, loyal, and productive employees. According to OSHA, the total cost of workplace accidents and related issues exceeds \$170 billion annually.

These costs include medical expenses, lost productivity, and compensation for injured workers.

Yet despite the clear financial and legal incentives, a significant number of workers still face dangerous conditions daily, from inadequate risk assessment to insufficient safety procedures when handling equipment like forklifts or exposure to ultraviolet radiation.

Workplace safety isn't a one-time event; it must be an ongoing, company-wide commitment.

For instance, hearing loss caused by prolonged exposure to loud noise or severe health effects from handling toxic cleaning products are preventable if proper measures are in place.

# **Educating Employees Regarding Workplace Safety**

A strong safety culture begins with effective employee education. Workers need to know what hazards exist, how to avoid them, and how to respond in case of an emergency. This is why regular training sessions are essential, especially when it comes to areas like serious injuries caused by improper handling of hazardous materials.

Safety training should be integrated into every employee's role and relevant to their specific tasks.

For example, employees who work with chemicals need to know about skin irritation and other adverse effects of exposure, while those working in industrial settings need to be aware of safety risks from unguarded machines or unsafe working conditions.

Workplace safety training should also include information about the risks posed by occupational health and safety issues, such as stress, harassment, and workplace violence.

These psychosocial hazards are just as dangerous as physical hazards and can severely affect an employee's well-being and productivity.



Companies should also conduct frequent risk assessments and provide regular refresher courses to ensure that employees are equipped to identify and handle new or evolving hazards. By investing in safety education, employers not only protect their employees but also foster a sense of ownership and engagement in workplace safety. When employees feel empowered to contribute to a safe work environment, they are more likely to report unsafe conditions and work proactively to prevent accidents.

## Identifying and Mitigating Workplace Hazards

The failure to identify and mitigate potential hazards is a significant contributor to workplace incidents and injuries.

To reduce this risk, employers should conduct regular workplace inspections and risk assessments to identify new hazards, such as poor housekeeping practices, unsafe equipment, or potential dangers like carbon monoxide exposure.

Regular inspections should include monitoring of equipment, reviewing the physical setup of workstations, and identifying health hazards caused by solvents, ultraviolet light, and cleaning products.

In some cases, simple changes such as improving ventilation can prevent exposure to harmful substances like carbon monoxide. Other hazards, such as pesticides in agricultural settings or the use of hazardous chemicals, may require specialized equipment or protocols to manage.

To ensure ongoing safety, employers should also assess the working conditions of employees who may be exposed to loud noise, toxic chemicals, or serious injuries from operating heavy machinery or working in high-risk environments like construction sites.

Workplace hazard identification should be done regularly, and it should account for any changes in the work environment. For instance, introducing new equipment or machinery might create new hazards, while adding new employees might necessitate additional training.

### **Common Workplace Hazards**

Workplace hazards are present in nearly every industry, whether it's an office setting, a factory, or a construction site. By proactively identifying and addressing these hazards, employers can reduce the risk of incidents. Some of the most common types of workplace hazards include:

 Physical hazards: These include things like slippery floors, unguarded machinery, poorly maintained workstations, and loud noise that can cause hearing loss over time. These hazards often arise due to poor maintenance or inadequate attention to detail.

- Chemical hazards: Employees
   exposed to hazardous substances
   like solvents, pesticides, or cleaning
   products may experience skin
   irritation or more severe health
   effects, such as respiratory problems
   or long-term damage to their
   nervous systems. Exposure to
   carbon monoxide is a particularly
   dangerous chemical hazard, as it is
   both odorless and potentially fatal if
   inhaled in large quantities.
- Biological hazards: These include bacteria, viruses, fungi, or other harmful microorganisms that can cause diseases in employees. This is particularly relevant in healthcare settings or industries that involve handling organic materials.
- Ergonomic hazards: Poor posture, repetitive motions, and heavy lifting can lead to musculoskeletal disorders over time. These hazards are common in jobs that require frequent lifting, such as warehouse work, or desk jobs where employees spend long hours sitting without ergonomic support.
- Psychosocial hazards: Stress, harassment, workplace violence, and bullying are serious threats to employee well-being. These hazards can affect employee morale, mental health, and productivity. Addressing psychosocial hazards is a critical part of any comprehensive safety plan.

By addressing these potential hazards, employers can create a safer and healthier work environment. Control measures such as improved ventilation, safety barriers, and providing personal protective equipment (PPE) can go a long way in reducing risk.

# **Examples of Safety Protection from Common Workplace Hazards**

Here are some examples of how employers can create a safer workplace:

- Operating heavy machinery: Workers should wear hearing protection to avoid hearing loss from prolonged exposure to loud noise. Additionally, machine guards and other protective equipment should be used to minimize the risk of serious injuries.
- Harmful chemicals and materials: When dealing with chemicals like solvents or cleaning products, employees should wear appropriate PPE, such as gloves, masks, and safety goggles. These materials can cause skin irritation, respiratory issues, or long-term health problems if mishandled.
- Construction sites and hazardous environments: Workers should wear hard hats, steel-toed boots, and other safety gear to protect against fatalities or serious injuries from falls, impacts, or heavy machinery. Additionally, safe practices for working around ultraviolet light sources should be emphasized, as this can pose significant health risks.
- Trips, slips, and falls: Maintaining a clean and dry workspace is critical. All spills should be cleaned up quickly, and walkways should remain clear to prevent accidental slips or trips. This is particularly important in environments where spills of hazardous substances are likely.

### **Wearing Protective Gear**

Personal protective equipment (PPE) is an essential part of safeguarding employees from workplace hazards.

Protective gear such as safety goggles, respirators, hard hats, gloves, and earplugs can prevent exposure to hazardous materials, reduce the risk of hearing loss from loud noise, and mitigate skin irritation from toxic substances.

Employers are responsible for ensuring workers have access to the appropriate PPE and are trained in its use.



#### **Emergency Preparedness**

Emergency procedures are critical in ensuring a coordinated and effective response to workplace crises.
A well-developed emergency action plan (EAP) outlines steps to be taken in various emergency scenarios.

Management buy-in is key to developing and maintaining such plans. Whether it involves evacuation procedures or control measures for hazardous chemical spills, an EAP ensures employees know what to do and when to act.







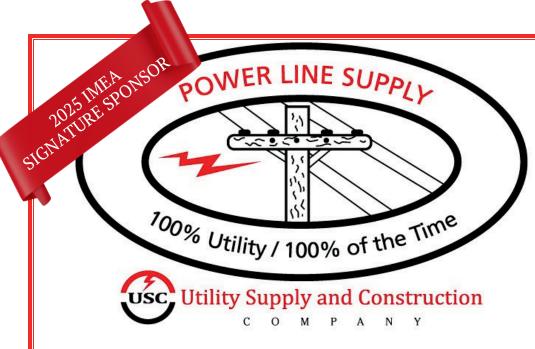
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