
ESOURCE NEWSLETTER

Good Enough Mindset

For most of us, we have been doing our jobs long enough to know what is the right way to do something and what falls short to “*good enough*.” When it comes to workplace safety, “good enough” does not cut it. When addressing hazards, having this mindset will lead to exposure to risk that will eventually result in incidents and injuries occurring.

It is important to take the time not only to identify hazards but also take the proper time and energy to mitigate them.

What Leads to the “Good Enough” Mindset?

There are many reasons why individuals may be tolerant of unnecessary risk during work tasks. A few of these reasons could include:

- Complacency. For individuals who have been doing their work for long periods of time, complacency can be one of the biggest challenges to avoiding a “good enough” mindset.
- Lack of training or understanding. Some workers, especially those less experienced, may not understand the importance of taking certain steps to protect themselves and those around them while completing their work.
- The culture of their work group or the company as a whole supports tolerating risk. When supervisors or coworkers do not follow safety rules or procedures, then others around them are more willing also not to follow the rules and settle for good enough.



- Lack of energy or fatigue. There are many times we do not feel 100%. Lack of energy is a huge problem across the U.S. with all the demands we deal with both at home and at work. When fatigue or lack of energy becomes an issue, our work suffers, including being safe while at work.

How to Avoid a “Good Enough” Mindset

- Always aim to do your best. Oftentimes, we know what the expectation is or how things should be done, so the only thing left is to put action to that knowledge and do the right thing. Not only will doing your best help to ensure less chance of injury, but it also builds your personal reputation as a worker.
- Recognize when you are not feeling your best or when your energy levels are low. If you find yourself leaning towards making the easy choice instead of the right choice, then take steps to combat the urge to cut corners.
- Remind yourself why certain safety policies or best practices are in place and that the expectation is to follow them.

- Have others who excel in their job double-check your work or give you feedback. Reaching out to others allows you to ensure you fully understand the task and the hazards, which can lead to identifying ways to improve.

Summary

“Good enough” is a mindset that plagues individuals both at work and at home in different aspects of life. When we aim lower than what we know our potential is, we are leaving a lot on the table. When it comes to safety at work, aiming lower than what is expected can lead to serious injuries.

Rationalizing Unsafe Choices

Making the decision to follow every single safety rule or procedure does not come naturally to us. We constantly have to work towards making the right decisions every single day. Many times individuals find ways to rationalize not working safely. It is important for each worker to recognize this error trap and address it when it arises.

Why We Rationalize Unsafe Choices

For the most part, we all know what the right choice is when it comes to safety during a specific work task. Safety training, policies, procedures, labels, etc., all communicate what needs to be done in order to mitigate hazards and work safely. The problem is, there are many factors that affect whether or not we want to make the right decisions at a given moment. A few of these factors include:

- Time pressure
- Lack of supervision around

- Lack of enforcement of rules
- Energy levels
- Mood

Individuals facing one or more of these factors will use them to rationalize to themselves why a certain safety rule does not need to be followed. For example, “I forgot my fall protection, but it will only take a minute to go up and right back down, so I will be fine.” We have all rationalized poor choices- whether it was choosing not to wear fall protection or rationalizing hitting snooze seven times before getting out of bed.

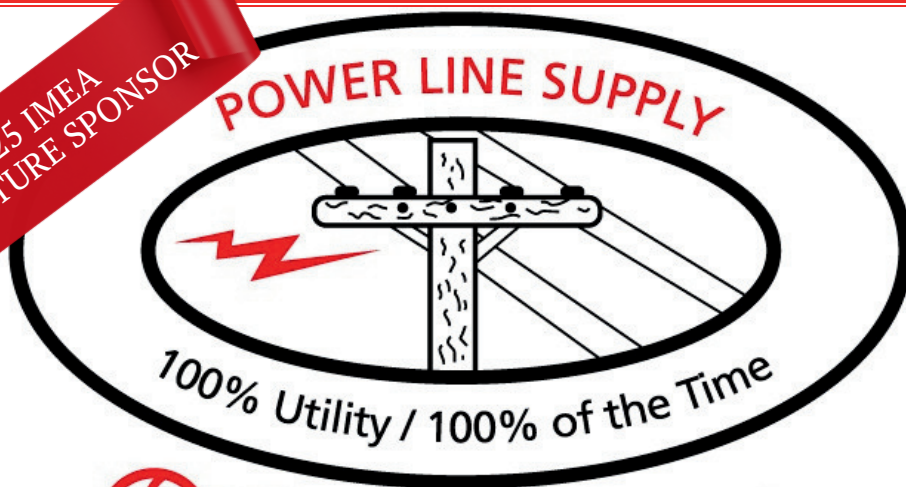
“It is the Normal Thing to Do”

When there are other people around who are not making the right choices when it comes to safety, it becomes the “normal” thing to do despite not being the correct thing to do. When the norm is working unsafe, it makes it difficult for even the individuals who want to work safely to do so. Do not rely on a supervisor or safety person to have to tell you to do the right thing. Make the choice to do what is right despite what others may be doing.

Summary

Recognize when you are falling into the trap of rationalizing a poor decision, whether that is in your personal life or while on the job. Fight the urge to make the easy decision. Be a worker who follows the rules and helps reinforce a norm of adhering to safe work practices and procedures.

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- Better Student-to-Instructor Ratio at 10:1 versus larger schools
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- Our instructors are patient, knowledgeable, consistent, and collaborative with students-not adversarial.
- In-house FULL CDL training and testing facilities. This cannot be emphasized enough as obtaining a CDL is critical to job placement, and IMEA makes obtaining a CDL very easy and affordable versus other programs. MOST schools will help you only obtain the permit versus earning the entire CDL. We do ALL of the training and TESTING in-house, on-site.
- Job placement services and career planning services.
- IMEA is a Non-Profit Organization, unlike other schools so we can provide the same training at a significantly lower cost.
- On-site lodging.



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LINEMAN TRAINING INSTITUTE

OUR PROFESSIONAL SERVICES



Personal Protection Equipment and Procedures

Students will learn about safety working procedures and personal protection equipment.



Electrical Systems

Students will learn the basics of the entire electrical system from generation through transmission, distribution, and conversion.



Basic Electricity

The students will be taught the fundamentals of practical and mathematical application of Direct Current and Alternating Current.



Transformers

Students will learn how and why transformers are used, banked, energized and the various configurations of both Delta and Wye.



Personal Protective Grounding

Students will learn how and why companies work on transmission and distribution lines as well as all equipment and methods used when working.



Rigging And Knot Tying

Students will learn how to tie specific knots, splice rope and learn the proper use of various ropes, slings, block and tackle.

Why Us?

Are You Ready To Begin Your Career Ahead Of Your Competitors?

Our lineman school program will allow you to begin your career ahead of all the rest. Our students have experience performing the jobs of a lineworker, as well as obtaining professional knowledge of the industry while they proceed through our program. Our students are well equipped to stand out from the interview to the actual job. Our program will provide an outlet for electric companies to search for new qualified applicants.

Our students will be able to enter the industry with the technical skills that their employers can't pass up!

Do you want to learn from Experienced and Knowledgeable Linemen?

The lineman school instructors at IMEA Lineman Training Institute have extensive real world experience in power generation, transmission and distribution. Their exceptional understanding of the industry and what companies are looking for makes our program a cut above other schools. Our students will have hands-on experience in the trade and be coached in problem-solving skills in order to help them excel in their work.

Do you want to be able to graduate and have the opportunities for immediate positions anywhere? Then this trade is the right career for you. IMEA Lineman Training Institute provides its lineman school graduates with a listing of municipalities that will be useful in your search. Our instructor's connections with the leaders of the trade will also give the students of IMEA Lineman Training Institute the upper hand at finding a career. Our students will be trained, not only to look for the job, but to find jobs. A career planning class is required to help our students create a resume and learn to find their own jobs.

So is it what you're looking for?



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