



Safety Message of the Day for IMEA Members

**Human Error and
Safety**

Fatigue & Stress - “Tired Minds Make Bad Choices”

A lot of us are tired. Long hours, nights, storms - it adds up. Fatigue doesn't always look like falling asleep; sometimes it looks like rushing, missing steps, or getting irritated. That's when mistakes happen. If you're not at 100% today, say something. That's not weakness - that's watching out for your crew.